

Pre-Ride Meeting Checklist (Online Form)

Pre-Ride Meeting Checklist

- Identify Road Captains and Sweeps - make sure they will be easy to identify on the ride.
- Discuss the ride destination - include any information riders should have about the destination.
- Discuss the route - mention any hazards or special conditions riders may encounter.
- Staggered Riding Formation - 1 sec interval minimum, alternating lane positions.
- Stop Signs – double up, proceed through as pairs and then return to normal staggered formation.
- Stop Lights – stop if the light turns red, regardless of your position in the group. Proceed on green when the way is clear.
- Lane Changes – pass signal back, each rider is ultimately responsible for their own safety. If possible, on multiple lane highways, the Sweep should secure the lane.
- Passing traffic – single up while passing, use your own judgment. The Road Captain in the passing lane indicates no oncoming traffic. Return to your own lane and proper formation as soon as possible. Warning: Passing may only be done where legal to do so!
- Safety – although it is a group ride, safety is a personal responsibility. If it isn't safe to pass, go through an intersection or turn – DON'T.
- Review Hand Signals
 - Single file
 - Staggered
 - Slow down
 - Speed up
 - Left turn
 - Right turn
 - Obstacle left
 - Obstacle right
 - Pull over
- Review the T-Clock safety check with all riders.
 - T — Tires and Wheels
 - C — Controls
 - L — Lights
 - O — Oil
 - C — Chassis
 - K — Kickstand
- Accident or Breakdown Procedure - If you are not involved, follow Road Captain. Sweep will stop and will contact Road Captain to determine best plan of action.
- Return route/way home - verify if ride will be led home or riders return at their leisure. If ride led home, announce time and place for meeting to depart.
- Leave on time.

